

PAWS News

November 7, 2022
Respect, Responsibility, Community, & Pride

Office of the Principal

Dear MVMS Families,

This year on Orange Out Day, the MVMS school community raised over \$500 to support the New Hampshire Food Bank. We are thankful for the generous students, staff members, and families in our community. Congratulations to the 8th graders who showed tremendous school spirit by wearing the most orange of any grade level on Orange Out Day. Grade 5 was a close second. Our PBIS theme for the month of November is empathy. Empathy is defined as being able to share or understand the emotions and feelings of someone else. At the middle school level, our focus is on teaching students to think about other people's perspective and how it might differ from their own. Please talk with your child about empathy and the discussions we are having as a school community. On November 10th, MVMS will hold two assemblies to honor our country's veterans. I'd like to thank all our nation's Veterans for their dedication and sacrifice. Please remember we will not have school on Veterans Day, November 11th.

Best Regards,

Jessica Milligan

Principal

DATES TO REMEMBER

Date	
November 8	No School: Teacher Workshop Day
November 10	Veterans Day Assembly
November 11	No School: Veterans Day
November 14	Canned Food Drive begins!
November 23	Turkey Trot/Early Release @ 1:10
November 24-25	No School: Thanksgiving

MVMS ADMINISTRATORS

Mrs. Jessica Milligan Principal

Ms. Brandy Williams Assistant Principal
Mr. Lyle Hamel Curriculum Coordinator
Ms. Kim Rivers Special Education Facilitator

Mr. Josh Lewis Dean of Students



Turkey Trot (Weather Permitting)

MVMS will be holding its annual Turkey Trot race on Wednesday, November 23, 2022. This event will be held in conjunction with the annual Canned Food Drive. There will be one race for each grade level. Access to the school will be blocked at Lauren Lane from approximately 8:40am to 11:00am for the safety of the students participating in the Turkey Trot. If you need to drop off or pick up a student during this time we ask that you park on Lauren Lane and talk to the staff member that will be stationed there. Furthermore, please note that school will dismiss at 1:10PM. If you have any questions, please contact the Main Office.

Canned Food Drive

Student Government is running the MVMS Annual Canned Food Drive November 14th through November 21nd. Please help out by sending in non-perishable items such as canned food and boxed items. We really appreciate all your support in donations and making this drive successful! All donations will benefit the Goffstown Network Food Pantry.

School Calendar

The school calendar is posted on the <u>SAU website</u>.

Purchase your 2023 Yearbook TODAY!

MVMS Yearbooks are now available to purchase online. Please click HERE to buy your 2022-2023 yearbook!

8th Grade Baby Photos

We have been receiving questions about submitting digital "8th Grade Baby Ad" submissions. If you have a digital photo, please forward your quality digital image to Ms. Sinclair at virginia.sinclair@sau19.org. Please include your child's first and last name in the subject of the email so we know exactly who the photo belongs to. You will still need to the message addressed to your 8th grader, and the \$14 check or cash for the photo to be included in this year's yearbook.

PBIS Theme of the Month – November

Each month the MVMS community focuses on a specific aspect of character development. November's theme is empathy. Our teachers and students have been discussing what empathy looks like in the classroom, hallways, and Hilltop



Volleyball: Volleyball Team vs. Student Game

Congratulations to the teachers for their victory against the MVMS volleyball team! Thank you to all the teachers and students who played and to all the staff who helped volunteered for this event.





Arrival/Dismissal

Please take a few minutes to watch a video about our new arrival and dismissal procedures: <u>Arrival & Dismissal</u>

Arrival:

- Student Drop-Off begins at 8:00 AM.
- Students who need to complete academic work can access the information center at 7:45 AM. Students must have a pass from the office.
- There is a <u>new traffic pattern</u> this school year:
 - o Buses will go behind the building (left at the bottom of the driveway).
 - o Families will use the front main entrance (right at the bottom of the driveway).
- All students will be dropped off at the front entrance.
- Walkers should enter the front of the building and report to their assigned area:
 - o All 5th and 6th grade students will report directly to the playground.
 - All 7th and 8th grade students will report directly to the back parking lot.
- Parents should NOT drive around the back bus loop while dropping off their student.

Dismissal:

- All students will be dismissed at 3:10 PM.
- There is a new traffic pattern this school year:
 - Buses will go behind the building (left at the bottom of the driveway).
 - o Families will use the front main entrance (right at the bottom of the driveway).
- All students will be picked up at the front entrance.
- Walkers should exit the front of the building and head to their assigned area.
- All 5th and 6th grade students will report directly to the playground.
- All 7th and 8th grade students will report directly to the back parking lot.
- Parents should NOT drive around the back bus loop while dropping off their student.
- MVMS offers a late bus that leaves MVMS at 5:00. Students must sign up in the office by 1:00 PM on the day they want to take the late bus.

Bus Pick Up/Drop Off

- Students will be picked up and dropped off at their assigned grade level area:
 - 5th and 6th grade students will be dropped off near the playground.
 - o 7th and 8th grade students will be dropped off near the back parking lot.

As a friendly reminder, please stay alert and drive <u>slowly</u> while picking up/dropping off your student. All students should enter/exit the vehicle from the passenger side at arrival and dismissal. Please pull your vehicle forward when waiting or before having your student enter the vehicle to maintain traffic flow.

The Late Bus

The Late Buses picks students up from MVMS at 5:00. Students must sign up in the front office by 1:00 to ride the late bus each day. Please click on the following link to check out the routes: <u>Late Bus Route</u>

Information Center

The MVMS information center is open for students to access resources before and after school. The library is open before school starting at 7:45 and will remain open at the end of the school day until 4:45, Monday-Thursday. The information center will close at 3:10 on Friday. Students dropped off at 7:45 or picked up after 3:15 from the library need to enter and exit through the front lobby doors.

Orange Out Day

Thank you to all who participated in Orange Out Day! Our students and staff donated over \$500 to the New Hampshire Food Bank! The 5th grade donated the most money and our 8th grade wore the most orange.







Student Government

Student government is a student led organization that promotes leadership skills and encourages students to give back to the Goffstown community. The advisors include: Mrs. Leonard from team 6-3, Ms. McNichols from team 5-2 and Mr. Lacasse from team 7-1! We meet at MVMS monthly after school from 3:15-4:15 in Mrs. Leonard's room 216. Students will contribute to school-wide activities and play their role in showing PAWS pride to the other students at the middle school. As a student government member, it is your voice that represents your grade level and raise awareness of what is being said. Some activities we have planned include: canned food drives, fundraisers, school dances, kindness day activities, spirit weeks, etc. We meet the second Wednesday of every month! The dates are as follows: 10/12, 10/26, 11/16, 12/14, 1/18, 2/15, 3/15, 4/12 and 5/17. Some dates may change due to unforeseen circumstances. We look forward to having you join us!



Update from the Nurses

The information below is designed to help parents in the event their child exhibits any symptoms consistent with COVID-19. Possible symptoms include:

Fever or chills Nausea/ Vomiting/ Diarrhea

Cough Sore throat

Fatigue Muscle or body aches
Headache New loss of taste or smell

Congestion or runny nose Shortness of breath or difficulty breathing

In general, any student who is sick should stay home until symptoms are improving or resolved. The MVMS nurses are happy to help determine when your child should return to school, please call or email for guidance. Below are the recommended steps if your child is sick:

- The CDC, NH DHHS, and SAU19 are still recommending that your child be tested for COVID-19 prior to returning to school. If positive for COVID-19, contact the MVMS nurses for guidance on isolation and return to school timeline.
- Testing can be performed by your child's PCP, at Urgent Care or via a home antigen test. If you don't have access to COVID-19 testing please contact your school nurse, we can help facilitate testing.
- If your child is sick, we ask that you have your student tested for COVID-19 **prior** to sending them back to school. Please email test results to the school nurse so we have up to date information in the event your child complains of illness at school. If your child exhibits COVID-19 symptoms at school, they may be dismissed for further evaluation.
- If a home antigen test is performed, please email the nurses a photo of the test with your child's name and the date of the test clearly noted in the photo.
- Per the CDC, a single negative antigen test **does not rule out COVID-19 infection**. If your child's symptoms persist or your child is at an increased risk for COVID-19 because of a close contact to a COVID-19 case or participation in a high-risk activity (large gatherings, travel, etc.) it is recommended that you repeat the test 48 hours after the first was done. A PCR test does not need to be repeated.
- If your child tests negative for COVID-19 but remains symptomatic we advise that you seek additional evaluation through your PCP or Urgent Care to rule out another illness.

• If anyone in your household tests positive for COVID-19, please contact the MVMS nurses for guidance, 50% of household contacts will go on to develop COVID-19. The MVMS nurses are here as a resource for families dealing with COVID-19 or any health-related issues.

Thank you,

Sara Matatall RN Susan Potvin RN

Sara.matatall@sau19.org susan.potvin@sau19.org

660-5623 660-5615

Update from Food Service Department

• SAU 19 Food & Nutrition Information

- Sign Up for Titan: https://family.titank12.com/
- Breakfast and lunch will not be free for all students this year.
- Online payments for food service are now working! It is credit card only and there is a fee of \$2.60 per transaction. The fee is charged by the bank, not the school district. The link to the online payment is this: https://family.titank12.com/
- Please complete a free and reduced meal price application now: <u>Free & Reduced Application</u>
- Anyone can complete an application. Paper applications can be requested from your school or from the food service director at megan.bizzarro@sau19.org
 - Other benefits for filling out the application include: Discounted camp fees, College application and Admission Test Fee Waivers, and the district can receive more state funds to offset the local tax rate

Paraprofessional Job Opportunity

MVMS is seeking paraprofessionals for the 2022-2023 school year. The job predominantly consists of supporting small groups of students or individual students in Grades 5 through 8 throughout their day. If interested, please contact our main office at 603-497-8288 or apply through our <u>district employment</u> opportunities.

Sports Information: Winter Sports Registration is now open!

Registration must be done by a parent or legal guardian using your existing PowerSchool access account. Note: Parents cannot create a new account online through the portal. See below for how to request an account.

To begin registration:

- 1. Go to **sms.sau19.org** from a web browser.
- 2. Enter your username and password and click Sign In.
- 3. Click on **Forms** in the left Navigation menu.
- 4. Complete all four Athletic Registration forms per student.

If you have forgotten your PowerSchool username and/or password, click on the "Forgot Username or Password" link (directions attached):

Forgot Username: Click on the Forgot Username tab and enter your email address and click Enter. An automatic email will be sent to your email address as long as it finds a match in our system.

Forgot Password: Click on the Forgot Password tab and enter your username and email address and click Enter. An automatic email will be sent to you with a link to reset your password as long as it finds a match in our system. The password reset will expire in 24 hours. Check your junk mail if you do not get an email.

If you complete the above steps and still have issues or you would like to request a PowerSchool access account, please email debra.vallee@sau19.org. The district processes new account requests within five business days. If your email address is already connected to an existing access account, you will be resent the directions to reset your password.

For athletics questions, email:

GHS - Justin Hufft at justin.hufft@sau19.org

MVMS - Michael Garrity at michael.garrity@sau19.org

Reporting an Absence

Parents and guardians should call (603) 497-8288, when prompted press 2 to report a student absence. Parents and guardians should be prepared to record their name, their student's name, and the name of their student's teacher(s). A note from a parents and guardians should be presented to the homeroom teacher upon return to school.

Emergency Release

The Goffstown School District uses a district wide notification system called School Messenger. This system allows more effective communication with parents should an emergency issue arise. This includes school cancelations, delays or early dismissals due to poor weather or building emergencies such as loss of heat, water pressure or electricity. Every means of communication will be used to notify parents and guardians. In addition to School Messenger, any school closing or delay because of weather conditions will continue to be announced on WMUR-TV, Channel 9, as well as over the radio station 95.7 FM WZID before 7:00 a.m. Please refrain from calling the school. Parents should have an emergency plan in place with their student for the rare occasion they may need to be sent home early.

School Counselors

If at any point during the year, you feel the need to consult with a counselor for advice for you or your student, please contact one of the following:

Erin Sakolosky	Grade 5	Erin.Sakolosky@sau19.org
Jessica Jordan	Grade 6	Jessica.Jordan@sau19.org
Rachel Nault	Grade 7	Rachel.Nault@sau19.org
Ryanne Roy	Grade 8	Ryanne.Roy@sau19.org

MVP Corner

The Mountain View Partnership is your MVMS parent teacher organization. To become a supporting member, click the link below. You will be given an option to join the MVP Student Directory and will receive a copy in return. The link is https://my.cheddarup.com/c/mvp-membership. You will also be enrolled to receive emails on current fundraisers and events sponsored by MVP!

MVP meets on the first Monday of each month at 6:00pm in the Information Center/Library. Everyone is welcome, we'd love to have your input, it truly takes a village! To stay informed on our upcoming events and fundraisers you may also join our Facebook Group at https://www.facebook.com/mountainviewpartnership.



8th Grade Parents: We are happy to announce that the annual Washington DC Trip for 8th Graders is scheduled for April 20 - 23, 2023! This trip is coordinated by parent volunteers, any communication or questions can be directed to Kerstie Hazelbaker and Alex Hill at MVMSDCTRIP@gmail.com. Here is a video of what you may find on a World Strides Washington DC Tour: https://vimeo.com/170210905



Food Service Updates



FREE MEALS ARE NO LONGER AVAILABLE

Our current guidance from the USDA does not allow us to serve free meals to all students in the 2022-2023 school year. Pricing will be:

	Breakfast	Lunch
Maple/Bartlett	\$1.50	\$3.00 or \$0.40 reduced price
Mountain View	\$1.50	\$3.25 or \$0.40 reduced price
Goffstown High School	\$1.75	\$3,50 or \$0,40 reduced price

THE IMPORTANCE OF FREE AND REDUCED MEAL FORMS

We encourage families to complete the free and reduced meal application. Families who fill out these forms can be eligible for additional benefits including reduced college testing & application fees as well as helping to provide essential funding for our school. Applications can be found at the Family Portal https://family.titank12.com/NT69TS or at www.Goffstown.k12.nh.us or call the school for a paper application.

THANK YOU FOR ALLOWING US TO FEED YOUR CHILDREN

We will continue to serve convenient, high quality, nutritious meals that students enjoy. We greatly appreciate your support.

Megan Bizzarro, Food Service Director, megan.bizzarro@sau19.org



This institution is an equal opportunity provider.



Lighten your daily load.

Parents have enough to worry about. SafeStop puts key information at your fingertips so you won't lose time or energy wondering "where's the bus?".

Set up SafeStop:

- 1. Download the SafeStop app from the App Store or Google Play.
- Enter the school access code provided below.
- Enter your child's unique Student ID.
- Select the (bus or route name based on school communications preference) you wish to track.
- Create alert zones around drop-off and pick-up points.

You're all set! You will be able to track the bus's movement during active route times and receive notifications when the bus enters your custom alert zone(s).

Trust that your information is secure.

Security is priority one, especially where student information is concerned. All parent information is password protected within the app to prevent unauthorized people from accessing any student bus information.

Key Features:

- View a real-time, map-based bus locator
- Guarantee parent and student information privacy
- Create custom zones for each stop and school
- Recieve email alerts and push notifications
- Available on smartphones and tablets

Your School Access Code:

403007





2022/2023



AVAILABLE **PROGRAMS**

- •Learn To Skate
- •Learn To Play
- U8, U12 & U15 Recreation Teams
- -LTS & LTP Session 1: Sept 25-Dec 18 Session 2: Jan 8-March 26 -LTS Friday 5-5:50 pm & Sunday 7:30-8:20 am -LTP Friday 5:50-6:40 pm & Sunday 8:20-9:10 am

Recreation Program season runs from Sept 25-March 26 Priday evenings & Sunday mornings @ West Side Arena

For additional information & registration go to www.mryha.org



Parents and Guardians

You can take advantage of our Text Messaging Service

Our school utilizes the SchoolMessenger system to deliver text messages, straight to your mobile phone with important information about events, school closings, safety alerts and more.*

You can participate in this free service* just by sending a text message of "Y" or "Yes" to our school's short code number, 67587.

You can also opt out of these messages at any time by simply replying to one of our messages with "Stop".



SchoolMessenger is compliant with the <u>Student Privacy Pledge™</u>, so you can rest assured that your information is safe and will never be given or sold to anyone.

Opt-In from your mobile phone now!



Just send "Y" or "Yes" to 67587

1 Information on SMS text messaging and Short Codes:

SMS stands for Short Message Service and is commonly referred to as a "text message". Most cell phones support this type of text messaging. Our notification provider, SchoolMessenger, uses a true SMS protocol developed by the telecommunications industry specifically for mass text messaging, referred to as "short code" texting. This method is fast,

Eighth Grade Parent(s),

Looking for a creative way to tell your child, "I love you and I'm proud of you"?

Place a recognition ad in the yearbook.

A recognition ad is always a great idea. In the future, seeing your message will bring a smile as students remember your love and support during these important years. It's easy to create a recognition ad. Just send us your favorite baby photo and compose your message. You must have your son/daughter's name on the back of the picture. Please supply a self-addressed stamped envelope if you would like the photo returned in

We will try to keep the ad a secret until the yearbook is distributed. If your son or daughter is on the yearbook staff this may not be possible.

virginia.sinclair@sau19.org with your child's name in the subject line. Please remember to send in the

below form and money as well in an envelope.

If you wish to send in a digital photo, please email it to Ms. Sinclair at

Reserve a space for your recognition ad today. Like the yearbook, your message will be a permanent memory.

Thank you!	
Sincerely, The Yearbook Staff	
	ORM MUST BE FILLED OUT COMPLETELY!
Student name	Team
Parent name	Phone
Cost \$14.00 (Checks made out to MVMS – Message: Limit 35 words or less!	Yearbook) Check here if you are emailing a digital file:
Signature	Check #

MUST BE RETURNED TO MS. SINCLAIR, ROOM 212 BY NOVEMBER 18, 2022



SEACADETS.ORG/JOIN



A YOUTH ORGANIZATION SUPPORTED BY THE U.S. NAVY & U.S. COAST GUARD FOR AGES 10 & UP



2023 LEARN TO SKI & RIDE PROGRAM

PLUS: NH SKI & RIDE BONUS

FREE Full Day/All Lift ticket to THREE NH Mountains. Valid starting Monday, February 27, 2023 through the end of each mountain's respective ski season. Valid for students only.







We take great pride in holding the title, The Premier Teaching Mountain in New Hampshire. Our professional instructors gear every lesson toward the student's age and ability, while providing a fun learning environment.



LEARNING AND FUN, IT'S WHAT WE DO BEST!

WHAT IS THIS PROGRAM?

- Weekday 5-Week Learn to Ski & Ride Series
- Participants receive a 1-hour lesson (if signed up for lessons) from a Pats Peak instructor and free ski/ride time.
- Program Dates: 5 FRIDAYS- JANUARY 6, 2023 FEBRUARY 03, 2023

HOW TO REGISTER

- It is open to GRADE 5 -6 7 8
- Register online at www.patspeak.com/LTSR Access Code: @@G-matabase
- To receive early pricing, registration must be paid in FULL on or before: October 15, 2022 - November 15, 2022
- Additional Registration info:
 Any registrations done after Nov. 16, 2022 will accrue a \$25.00 late fee

CONTACT INFORMATION:

COORDINATOR- Paola Gomes E-MAILmespourquoi@aol.com PHONE #- 603-674-9418 (quicker response : please text me if needed)

TRANSPORTATION INFORMATION:

Once again, because the district is having a shortage of bus drivers - PARENTS WILL BE RESPONSIBLE FOR TRANSPORTATION.

WHAT ABOUT EQUIPMENT?

- RENTALS: Full Rental Packages are available for the program, or for the season. Helmets are additional.
- BRING YOUR OWN: Mark equipment with NAME AND SCHOOL.
 Unsafe equipment will not be allowed on the mountain.

PEAK PERKS: (DISCOUNTED PRICING)

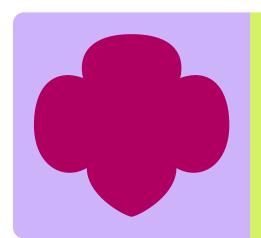
- . CAFÉ CARDS
- PARENT/SIBLING FREQUENT USER CARD AND LIFT TICKETS
- HELMET, GOGGLES AND WATERPROOF MITTENS
- PRACTICE MAKES PERFECT SEASON PASS
 Unlimited Season Pass that is valid for the whole season-you don't have to wait until the program begins to use it! This discounted season pass is only available to the students of the Learn to Ski & Ride Program (must have minimum purchase of lessons. Non-transferable).

IMPORTANT NOTES:

NOTICE- REGISTRATION AFTER NOV, 15 WILL COME WITH A \$25.00 LATE FEE. PLEASE MAKE ACCOMMODATIONS FOR IF YOU CANNOT TAKE YOUR CHILD TO THE MOUNTAIN AND BACK. IF ANOTHER PARENT IS PICKING UP- PLEASE SEND A NOTE TO THE OFFICE BY WEDNESDAY SO THAT THEY ARE WELL AWARE. REFUNDS WILL NOT BE AVAILABLE, SO PLAN ACCORDINGLY. LESSONS ARE FROM 4:40-5:30 P.M. Free skiing starts at 4:30pm. IF YOU NEED ANY HELP WHILE ON THE MOUNTAIN- WE WILL BE THERE FROM 4:30 - 6:30 IN THE SMALL LODGE



If this program doesn't work for your schedule, contact Pats Peak about their OPEN PROGRAM: For Individual Sign-Ups (Ages 6-17).



Explore Girl Scouts

A New Member Sign-up Event

Girls in grades K-12 and a caregiver are invited to join us to learn about opportunities to get involved in your community.

Together at this event we will:

Sample a FREE hands on activity from one of our four program pillars, all designed to meet her where she is now and grow along with her.



Life Skills



STEM



Entrepreneurship



Outdoors

Discuss ways to participate:

- Join as an individually
- registered Girl Scout—
 Design your own
 experience with flexibility
 to participate.
- Join an existing troop in your community.
- Start a new troop—we're here to support you with all the tools and resources you need to succeed!

However you choose to participate girls can engage in:



Badge & Journey Activities



Council Sponsored Programs



Product Programs

Answer your questions & if you choose, help you complete your online membership.

Can't make it to the event? No worries! We host multiple in-person and virtual sign-up events throughout the year.

You can also join anytime online at girlscoutsgwm.org.



This event is for families looking for information about joining Girl Scouts, not current members. Masks are not required for this event. For everyone's safety we ask that if you or your girl are not feeling well, have been exposed to COVID-19 or have tested positive, please stay home.

In the event that we cannot meet in person due to inclement weather or Covid-19 safety, the event will be held virtually. Please check the Facebook event for updates or contact us for login information.

girlscoutsgwm.org | 888-474-9686 | customercare@girlscoutsgwm.org

This is not a school sponsored event.



- AGES 4+
- ALL SKILL LEVELS
- DROP-IN PRACTICES
- MONTHLY MEMBERSHIPS
- PRIVATE LESSONS
- COMPETITIONS
- CONVENIENTLY LOCATED



11 LANCE LN UNIT 12 GOFFSTOWN NH 03045



AGOGEWRESTLINGCLUB.COM

FREE INTRO TO WRESTLING Class

Wednesday, November 2nd 5:30-6:30pm



JUNIOR classes

4 to 6 year olds Tuesday & Friday 5:30 - 6:30pm



YOUTH classes

7 to 11 year olds
Monday & Thursday
5:30 - 7:00pm
Sunday
9:00 - 10:30am



TEEN classes

12 and up
Monday & Thursday
7:30 - 9:00pm
Sunday
9:00 - 10:30am